

Hasland Junior RSE Overview

Year Group	Session 1	Session 2	Session 3	Session 4	
3	Know what happens when we growing up to from old to young	Know the correct names for body parts and genitalia	Know about privacy Know ways of keeping safe and asking for help	Know not to keep secrets	Know when physical contact is/isn't acceptable
4	Know changes and feelings that happen in life as they grow	Know similarities and differences between girls and boys Name the parts of the body in both gender	Know some things that happen during puberty and about periods	Develop the skills to protect our bodies	Know how images are presented in the media
5	Manage and follow simple hygiene routine can prevent the spread of bacteria	Understand the changes that happen in puberty	Understand what puberty and human reproduction is	Explore the intensity of feelings	Reflect on similarities and differences between people, but Understand that everyone is equal

6	Understand the qualities of a healthy relationship and apply this to my relationships	Understand about committed and loving relationships	Acknowledge pressures and influences and apply assertiveness	Understand conflicting feelings	Reflect on how images in the media and online don't always reflect reality Apply knowledge and understanding to debate topical issues
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