

# Information Sessions for Parents and Carers of Young People with Learning Disabilities and/or Autism, who live in North Derbyshire

## Puberty and Sexuality

Friday 8<sup>th</sup> June, 2018. 9.30am – 11:30am

Fairplay, Alexandra Road West, Chesterfield

(Pay & display parking in Mecca Bingo car park – please do not park on Alexandra Road West)  
*Please note: this session is for parents/carers of young people with Learning Disabilities*

## Toileting Problems in ASD

Friday 13<sup>th</sup> July, 2018. 9.30am – 11.30am

Lecture Room A, Chesterfield Royal Hospital, Chesterfield

(Park in visitor car parks 5 or 6 and enter through the Education Centre).

## Mindfulness and Mindful Parenting

Wednesday 12<sup>th</sup> September, 2018. 9.30am – 12.00pm

Fairplay, Alexandra Road West, Chesterfield

(Pay and display parking in Mecca Bingo car park).

## Developing Relationship through Play

Wednesday 21<sup>st</sup> September, 2018. 9.30am – 11.30am

Lecture Room B, Chesterfield Royal Hospital, Chesterfield

(Park in visitor car parks 5 or 6 and enter through the Education Centre).

These information sessions aim to support parents/caregivers of young people who have a diagnosis of moderate to severe Learning Disability and/or Autism Spectrum Disorder. Foster carers should access our Professionals Seminars, which will be more appropriate.

For all sessions, please arrive at 9.15am for registration and tea/coffee (which will be provided).

If you are interested in attending a workshop, or have any questions, please contact:

Louisa Campbell: 01246 514523; Helen Dunkley: 01246 514411; or Lindsey McGarry: 01246 514480  
or email us on [CRHFT.camhsadmin@nhs.net](mailto:CRHFT.camhsadmin@nhs.net)

**PLEASE BOOK EARLY AS PLACES ARE LIMITED**